

November 16, 2015

Reports Available

Benefits Issued & Redeemed September 2015
Breastfeeding Peer Counselor Report October 2015
Participation Report October 2015

State Ordered Formula

When participants are picking up the state ordered formula, please make sure they are signing for the formula. If your agency does not have a policy in place, please use the <u>state ordered formula receipt</u>. This can be found on the WIC website located under local agency staff and admin resources. Have the participant complete the form and scan it into their file. For additional questions please contact Lacy Little at the state office, 444-5923 or <u>email</u>.

Update in M-Spirit Residence Drop-Box

Good news, any mail with a participant's address is now an acceptable form of residence. Consequently, there is now a mail option in the residence drop-down box. If it does not show on your computer, please reset local reference data. If you have any questions, please contact Kelly at 444-0909, or via email at KAughney@mt.gov. Thank you for updating this.

Local Agency Outreach Plan/State Outreach Plan

The state office would like to highlight some of the creative outreach our local agencies have done and/or are working on this year. The agency featured this month is Confederated Salish & Kootenai. CS&K partnered with the Tribal Diabetes Program to develop a poster for Native American breastfeeding women to increase breast feeding rates. New posters are a great way to attract attention and highlight key points. We'd also like local agencies to know some outreach we our doing at the state level, please review the <u>state outreach plan for FFY 2016</u>.

Ordering SNAP-Ed Printed Materials

Selected SNAP-Ed printed nutrition education materials can be ordered online. Some materials are limited to one or two copies (posters for example) and others have a maximum of a 1,000. <u>Learn more</u> about ordering materials and subscribe to the SNAP e-Bulletin.

WICHealth

WICHealth.org is a great opportunity for our low risk participants to get nutrition education. There are lessons that cover Preparing for a Healthy Pregnancy, Introducing New Foods for Infants, How to Feed a Picky Eater, etc. The participant can complete the lesson of choice at home and have it emailed or bring it to the clinic. The <u>Client Insert</u> has an updated lesson list that includes some lessons specific to Montana. Please give these to participants. If you would like to set up your clinics for WICHealth.org please contact Lacy Little at the State WIC Office at 444-5923 or <u>email</u>.

MotherToBaby Resource

We have received information about this resource for pregnant and breastfeeding women. The MotherToBaby program is a resource available for most up-to-date information. <u>Learn more</u> about *MotherToBaby* by visiting the webpage.

Morbidity and Mortality Weekly Report (MMWR) Topic on Gestational Weight Gain

The November 6, 2015 MMWR contains an article on <u>Gestational Weight Gain – United States, 2012 and 2013</u> and is worth 0.5 WIC CEUs. Remember to submit the WIC CEU Post Article, Webinar or Teleconference form after reading the article.

Reaching and Keeping YOU the Local Agencies Informed

The Local Agency Section of the NWA Board of Directors invites all Local WIC Agencies to <u>a webinar</u> on Thursday, November 19th at 3:30 PM Eastern (1:30 PM Mountain) to learn more about their Regional Representative, Voting Members, Committees and Task Forces and what it means to be a local agency member in the National WIC Association. It is worth 1 WIC CEU after attending when you submit the WIC CEU Post Article, Webinar or Teleconference form.

Have you ever considered that NWA is the premiere education and advocacy arm that works specifically on behalf of YOU and the millions of vulnerable mothers and young children who are participants in the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)? <u>Join us</u> and learn how your voice not only impacts WIC, but is one of the pulsating tones that drive the National WIC Association.

USDA prohibits discrimination in the administration of its programs.

Help us keep the distribution list updated - send e-mail address changes, additions and deletions to the WIC State Office at 1-800-433-4298.

